

****EMF****

Paranormal? – Natural? – Explained?

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Electro Magnetic Fields ([EMF](#)) have been a topic in our field of the paranormal investigating for many years. Paranormal Investigators use EMF meters in order to rule out supposed, alleged, or real paranormal experiences.

There are many views with regards to EMF and their relationship to the paranormal

What is EMF

An **electromagnetic** field is an invisible, physical field created by all electrically charged objects. All electrical devices such as appliances, power lines, or even batteries, will have EMF. The higher the voltage, the higher the EMF will be. Also, the EMF of any electrical device may be present when the device is shut off.

EMF also occurs naturally and is one of the four [fundamental forces](#). The sun bombards us with electromagnetic fields and radiation. EMF often occurs in the atmosphere when electrically charged particles are built up resulting in thunder storms. Human beings also have an electromagnetic field and there is a theory called "[The electromagnetic theory of consciousness](#)" which states that "the electromagnetic field generated by the brain is the actual carrier of conscious experience".

Electromagnetic fields constantly surround us everywhere we go ... all the time.

One theory behind [EMF and paranormal activity](#) is that high and unexplained EMF readings could be an indicator of paranormal activity. It is thought that if a spirit is manifesting, it will draw energy from any electrical fields around it. Using these electrical fields, a spirit may register its own measurable EMF. This field could be measured using an EMF meter.

For an EMF reading to be considered a possible indicator of paranormal activity, it needs to be unexplained. In other words, it didn't come from wiring, nearby appliances, people or other explainable obvious reasons. *We must be very thorough in ruling out all other potential natural causes before considering labeling the EMF as paranormal.* Could it be from buried underground wiring that we do not know about? Are we sure a nearby transformer is working correctly? Does the land surrounding the home or building consist of materials that may act like a electrical storage device?

As you can see, high levels of EMF by itself should not impress us unless everything can be discounted.

EMF with a second phenomena:

EMF readings are useful in verifying potential paranormal activity.

Examples:

If a witness sees an apparition and a high unexplained EMF reading is taken at the same time in the same location, then that could be a possible verification of paranormal activity.

If someone hears unexplainable sounds and high EMF suddenly appears at the same time, this could be an indicator of paranormal activity.

Most people do not believe that a high EMF reading alone is proof of paranormal activity, but in conjunction with other phenomena like noises, smells, apparitions, objects moving, unexplained cold spots, it could be possible proof of paranormal activity. When it comes to proof, the more indicators of a single incident, the more believable the activity is of a paranormal nature. So, an EMF detector can help confirm whether or not a witness has observed something possibly paranormal by measuring unexplained EMF.

Many paranormal groups utilize high EMF readings in conjunction with paranormal activity, which does give some credibility to this line of thinking. Some well known individuals and groups include [Loyd Auerbach](#), [TAPS](#), and others that are regarded by most in the field to be reputable.

EMF is the Cause not the Effect

Another thought is that high EMF is the cause of the paranormal activity. There is nothing paranormal going on; it is the EMF that is causing what is perceived, paranormal.

This idea is also backed up by scientific studies involving the number of reports of paranormal activity in conjunction with EMF. One such study was done by [Dr. Michael Persinger](#), Professor of Psychology at Laurentian University, Ontario, Canada. Dr. Persinger was inspired to conduct his research based on a previous study he was

involved with. In this previous study, Dr. Persinger compared thirty seven years of haunting incidents reported in [Fate magazine](#) to geometric activity occurring on the same dates as the reported incidents. He found enough correlation between the two that he began his own study in order to further develop this theory.

In his study he was able to duplicate similar incidents of paranormal activity by bombarding the subject's temporal lobes with elevated electro-magnetic energy. Through his experiments he was able to prove that increased EMF exposure, even short term, can cause frontal-lobe hallucinations. Some of the reported effects of being exposed to higher than normal electro-magnetic energy were very similar to those of paranormal activity. *The study participants reported feelings of a presence in the room, being watched, fear and general paranoia, seeing blurry dark figures out of the corners of their eyes, and hearing unexplained noises.* This of course does not prove that all paranormal phenomena are caused by EMF, but it does prove that higher than normal EMF can produce similar effects on subjects.

Dr. Persinger's findings have also been backed up by another study called "[Project Hessdalen](#)". This project came to similar results, seeing a correlation between electromagnetic energy on the brain's temporal lobe and hallucinations of a paranormal nature. The fact that paranormal phenomena can be reproduced in a laboratory gives a lot of weight to the theory that high EMF exposure can cause perceived paranormal activity.

Gateway to Heaven

A third way of thinking about EMF and the paranormal is that strong EMF may actually act as a gateway, enabling our brain to tap into abilities that allow us to view other dimensions. It is thought we only use a small percentage of our brain's ability and the theory is, that perhaps higher EMF can help us in unlocking that brain power in order to view "things" that are always around us but unseen in our normal state of conscience. Basically, the effect of the EMF on the brain in relation to other dimensions is similar to using a decoder box to pick up channels on your television that you wouldn't normally receive. When the brain is exposed to higher than normal EMF, are we able to view these other worldly channels?

The premise to this theory is, we are surrounded by other dimensions and life forms at all times. It is believed that when we pass on, our soul(s) enters into one of these other dimensions (Heaven?). We may be able to see people or things from other dimensions which we then perceive as "ghosts." If this is the case, then the things and people we see as "ghosts" may actually be real, just residing in another [dimension or time](#).

Could we be receiving signals from the past or future?

This would difficult to prove either way and there is no evidence to back this up; however, in the future we may have the means with which to test this theory.

Harmful EMF

Many [studies](#) on the possible [harmful effects](#) of EMF have been made. From what I have researched, it seems that "he who

has the most money wins". In other words, there seems to be a correlation between the results of a study and who is paying for the study. Our organization, (IPART) has investigated cases where the levels of EMF in the home or structure have been extremely high. IPART has disconnected the power to the home or structure and witnessed the levels of EMF staying at the same levels unaffected by the power being turned off.

One case in particular, IPART investigated a home on southern Iowa where it was reported by the homeowner, the wife in particular, feelings of being watched, and feelings of dread, movement of objects and the unexplained deaths of several small pets. Our research found EMF levels in the house with the power on or off was the same, extremely high. During our research and resulting investigation we did have movement of objects.

It may be the high levels of EMF were a contributing factor to these phenomena.

Final Thoughts (my personal opinion)

My overall thought is that high levels of EMF can and will interfere with the body's ability to function in a normal matter. The body runs on electrical impulses and surprisingly some of the frequencies of EMF are in close proximity to the body's operating frequency. This does include our brains and thought processes.

High levels of EMF may cause what we call "The Fear Cage Effect". During several investigations we have positioned investigators in locations of known high levels of EMF. These areas are usually located where washer and dryers are

located, in addition to where the electrical service enters the house. After as little as one half hour, investigators started to experience headaches, nausea, and feelings of dread.

We have shown all it takes is one defective light switch, one light fixture, a bad ground or a combination of several things to “flood” the area with high levels of EMF.

If you suspect high levels of EMF, there are instruments that can measure the level and can be used to pinpoint the location it is originating from. Call a licensed electrician to have your home checked for proper grounding, correct polarities, etc.

IPART